

Number of first aiders that must be present

5.5(1) An employer must ensure that the minimum number of first aiders, as set out in the following tables, are present during working hours at a workplace.

TABLE 1		
Close Workplace		
Number of workers per shift	Low hazard work	Other work
1 to 10	—	—
11 to 40	FA1	FA2
41 to 100	FA1	2 FA2s
101 to 199	2 FA1s	2 FA2s
200 or more	3 FA1s	3 FA2s

TABLE 2		
Distant workplace		
Number of workers per shift	Low hazard work	Other work
1 to 10	—	FA1
11 to 40	FA1	FA2
41 to 100	FA1	2 FA3s
101 to 199	2 FA1s	2 FA3s
200 or more	3 FA1s	3 FA3s

TABLE 3		
Isolated Workplace		
Number of workers per shift	Low hazard work	Other work
1 to 10	FA1	FA2
11 to 40	FA1	FA3
41 to 100	2 FA1s	2 FA3s
101 to 199	2 FA1s	3 FA3s
200 or more	3 FA1s	4 FA3s

- 5.5(2) In the tables in subsection (1),
- (a) the number of workers per shift is to be determined
 - (i) at a close or distant workplace, on the basis of the number of workers working at the beginning of the shift, and
 - (ii) at an isolated workplace, on the basis of the total number of workers employed at the isolated workplace;



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- (b) where both low hazard work and other work — being work that is not low hazard work — exist in the same workplace, an employer may
 - (i) combine the number of workers and provide first aiders as if all work were other work, or
 - (ii) provide separate first aiders for the different types of work; and
- (c) “FA1” means a person who holds a valid first aider 1 qualification, “FA2” means a person who holds a valid first aider 2 qualification and “FA3” means a person who holds a valid first aider 3 qualification.

5.5(3) A person who possesses one or more credentials in first aid that are, in the opinion of the director, equivalent to the requirements for obtaining a certificate described in Schedule A to this Part, may act, and be counted, as a first aider at a workplace.

5.5(4) An employer must

- (a) maintain a list of the name and work location of each first aider; and
- (b) ensure that a copy of the list is
 - (i) provided upon request to a committee member or representative at the workplace, and
 - (ii) posted in a conspicuous location at the workplace.

Employer obligations to first aiders

5.6(1) An employer must

- (a) allow a first aider to provide prompt and adequate first aid to an ill or injured worker;
- (b) ensure that the first aider suffers no loss of pay or other benefits as a result of providing the first aid; and
- (c) ensure that a first aider has adequate time off from regular work duties to receive required first aider training, with no loss of pay or other benefits.

5.6(2) Clauses (1)(a) and (b) also apply to any other worker who, at the request of a first aider, assists the first aider in providing first aid to an ill or injured worker.

SCHEDULE A
FIRST AIDER QUALIFICATIONS

When certificate is valid

- 1 For the purposes of this Schedule, a certificate issued by a first aid training provider is valid only if it specifies
- (a) the first aid training provider that issued the certificate;
 - (b) the title and duration of the course;
 - (c) the level of qualification for which the certificate is issued; and
 - (d) the date it was issued and its expiry date, which must not be more than three years after the date it was issued.

Minimum requirements: first aider 1

- 2 A person has the qualifications of a first aider 1 if he or she holds a certificate issued by a first aid training provider showing that he or she has successfully completed at least eight hours in first aid training that addresses the following topics:
- (a) the role, function and responsibilities of the first aider;
 - (b) emergency scene management;
 - (c) patient assessment: primary and secondary survey;
 - (d) basic anatomy and physiology, including body systems such as respiratory, circulatory, musculoskeletal, neurological and integumentary;
 - (e) obstructed airway and other breathing emergencies;
 - (f) cardiovascular emergencies, such as heart attack and stroke;
 - (g) control of bleeding, both internal and external;
 - (h) signs and symptoms of shock;
 - (i) cardiopulmonary resuscitation — adult — one person rescue;
 - (j) trauma and other acute medical situations — bone and joint injury, head and spine injury, skin disruption (lacerations and burns) and poisoning;
 - (k) general precautions to prevent blood and body fluid exposure;
 - (l) infection control.

Minimum requirements: first aider 2

- 3 A person has the qualifications of a first aider 2 if he or she holds one or more certificates issued by one or more first aid training providers showing that he or she has successfully completed at least 16 hours in the following first aid and cardiopulmonary resuscitation training courses:



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- (a) at least 12 hours in first aid training that addresses the topics required for first aider 1 plus the following additional topics:
 - (i) interaction with higher-level trained personnel and medical care agencies,
 - (ii) ambulance system,
 - (iii) obstructed airway and other breathing emergencies,
 - (iv) assessment and monitoring of vital signs,
 - (v) respiratory emergencies — respiratory system review, management of airways, airway obstruction and chest injuries,
 - (vi) circulatory system review — heart attack and stroke,
 - (vii) bleeding — wounds and control of bleeding and bandaging,
 - (viii) abdominal injuries — system review by quadrant,
 - (ix) stabilization — head, spine and pelvis injuries,
 - (x) upper and lower extremity injuries,
 - (xi) medical emergencies — epilepsy, diabetes and drug overdose,
 - (xii) assessment and treatment of burns,
 - (xiii) eye injury,
 - (xiv) environmental illness and injury — heat, cold and poisonings,
 - (xv) movement of a casualty — carries;
- (b) at least four hours in cardiopulmonary resuscitation training that addresses the following topics:
 - (i) risk factors,
 - (ii) signals and actions of heart attack and stroke,
 - (iii) airway obstruction — prevention, causes and recognition,
 - (iv) entrance into the emergency medical services system,




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- (v) one rescuer cardiopulmonary resuscitation (adult),
- (vi) treatment of an adult with an obstructed airway,
- (vii) turning of the casualty into the recovery position.

Minimum requirements: first aider 3

- 4** A person has the qualifications of a first aider 3 certificate if he or she holds one or more certificates issued by one or more first aid training providers showing that he or she has successfully completed at least 70 hours in the following first aid and cardiopulmonary resuscitation training courses:
- (a) at least 62 hours in first aid training that covers the topics listed in clauses 2(a) to (l) and subclauses 3(a)(i) to (xv), appropriate to the first aider 3 qualification, plus the following additional topics:
 - (i) the role, function, responsibilities of the first aider — knowledge of emergency medical system, the place of the first aider in the system, other skill levels in the system,
 - (ii) different phases of emergency medical care — removal from immediate dangers,
 - (iii) scene management — triage,
 - (iv) training in the use of first aid equipment, e.g.: oxygen, bag-valve mask and mouth-to-mouth,
 - (v) anatomy and physiology appropriate to the first aider 3 qualification,
 - (vi) airway management and the use of first aid equipment (e.g.: bag valve, mask resuscitator, oxygen equipment),
 - (vii) assessment and treatment of common medical emergencies — heart attack, cardiac arrest, stroke and diabetes,
 - (viii) trauma to head, spine, chest, abdomen and pelvis — multiple injury management,
 - (ix) soft tissue injuries,
 - (x) safe carries and transport,
 - (xi) insect bites,



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- (xii) burns — assessment and treatment,
 - (xiii) obstetrics: emergency delivery and postpartum hemorrhage,
 - (xiv) recognition of the acute signs and symptoms of drug overdose and treatment of the injured worker,
 - (xv) assessment and treatment of the acute abdomen (e.g.: distended or tender),
 - (xvi) recordkeeping: preservation of information necessary for subsequent action,
 - (xvii) understanding and familiarity with relevant provisions of the Act and its regulations;
- (b) at least eight hours in cardiopulmonary resuscitation training that covers the topics listed in subclauses 3(b)(i) to (vii), appropriate to the first aider 3 qualification, plus the following additional topics:
- (i) two rescuer cardiopulmonary resuscitation,
 - (ii) mouth-to-mask resuscitation,
 - (iii) spinal injuries.