

**First aid kits required**

**5.12(1)** In accordance with the following table, an employer must provide first aid kits that meet the requirements set out in Schedule B to this Part at the workplace:

| TABLE   |   |
|---|---|
| Total number of workers employed at workplace | Number of first aid kits that must be provided at workplace |
| 24 or fewer                                   | 1   |
| 25 to 50                                      | 2   |
| 51 to 75                                      | 3   |
| 76 or more                                    | 4   |

**5.12(2)** In respect of the number of first aid kits that must be provided under subsection (1), a vehicle, boat or aircraft used by an employer to transport one or more workers is deemed to be a workplace, and the number of workers employed at that workplace is deemed to equal the seating capacity of the vehicle, boat or aircraft.


**5.12(3)** Subsection (1) does not apply to an employer who is required to provide a first aid room under section 5.14.

SCHEDULE B  
FIRST AID KITS

**Content of first aid kit**

**1** A first aid kit must contain the following items:

- (a) general:
  - (i) a recent edition of a first aid manual,
  - (ii) a pair of impervious disposable gloves,
  - (iii) a disposable resuscitation mask with a one-way valve,
  - (iv) a disposable cold compress,
  - (v) 12 safety pins,
  - (vi) splinter forceps,



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- (vii) one pair of 12 cm bandage scissors,
- (viii) 25 antiseptic swabs,
- (ix) waterless hand cleaner,
- (x) waterproof waste bag;
- (b) dressings — each of the following items must be sterile and individually wrapped in order to maintain sterility:
  - (i) 16 surgical gauze pads (7.5 cm squares),
  - (ii) 4 pads (7.5 cm × 10 cm, non-adhesive),
  - (iii) 32 adhesive dressings (2.5 cm wide),
  - (iv) 2 large pressure dressings,
- (c) bandages:
  - (i) 3 triangular bandages (1 m each),
  - (ii) 2 conforming bandages (10 cm each),
  - (iii) 2 rolls of 2.5 cm adhesive tape,
  - (iv) 1 roll of 7.5 cm elastic adhesive bandage,
  - (v) 2 rolls of 7.5 cm tensor bandage.

### **Content of personal first aid kit**

- 2** A personal first aid kit must contain the following items:
- (a) 10 sterile adhesive dressings, assorted sizes, individually packaged;
  - (b) five 10 cm × 10 cm sterile gauze pads, individually packaged;
  - (c) a 10 cm × 10 cm sterile compress dressing, with ties;
  - (d) five antiseptic cleansing towelettes, individually packaged;
  - (e) a cotton triangular bandage;
  - (f) a waterproof waste bag;
  - (g) a pair of impervious disposable gloves;
  - (h) a roll of 2.5 cm adhesive bandage tape.



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## SCHEDULE C FIRST AID ROOM

### Contents

- 1** Every first aid room must contain the following items:
  - (a) a first aid record book;
  - (b) a space blanket;
  - (c) hot and cold packs;
  - (d) a spine board and straps;
  - (e) an adjustable cervical collar or set of different sized cervical collars;
  - (f) a stretcher;
  - (g) a splint set;
  - (h) a sphygmomanometer (blood pressure cuff);
  - (i) a stethoscope;
  - (j) a thermometer;
  - (k) dressing forceps;
  - (l) tongue depressors;
  - (m) paper towels;
  - (n) single use, sanitary drinking cups;
  - (o) a flashlight;
  - (p) two washbasins, preferably stainless steel;
  - (q) one kidney basin;
  - (r) one instrument sterilizer;
  - (s) one cabinet for dressings;
  - (t) one magnifying loop with built-in lamp;
  - (u) one sanitary receptacle with lid and disposable plastic liners;
  - (v) hospital grade disinfectant;
  - (w) the contents of four first aid kits as set out in Schedule B, but only one copy of a recent edition first aid manual is required.



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### Requirements for first aid room

- 5.15(1)** Every first aid room must
- (a) be located in an area that is
    - (i) easily accessible to workers at all times, and
    - (ii) near both the work area it is to serve and toilet facilities;
  - (b) have adequate lighting, ventilation and heating, and be covered by a floor made of non-porous material;
  - (c) be of an adequate size to accommodate a stretcher;
  - (d) be equipped with
    - (i) instructions on how and where to access a first aider,
    - (ii) a communication system capable of communicating with the medical facility to which an injured worker would be transported,
    - (iii) a permanently installed sink with hot and cold potable running water,
    - (iv) a cot or bed with a moisture-protected mattress and two pillows, and
    - (v) the items set out in Schedule C to this Part.
- 5.15(2)** An employer must ensure that a first aid room
- (a) is clearly identified as a first aid room;
  - (b) is used exclusively for the purposes of administering first aid and medical examinations and to provide rest for persons who are ill or injured;
  - (c) during working hours, is supervised by a first aider who is readily available to provide first aid; and
  - (d) is kept clean and sanitary.